

SPA RULES AND ETIQUETTE



The Furadouro SPA and its surroundings are a space of serenity, relaxation and well-being where you can awaken all your senses.

RULES OF USE

In order to maintain harmony in the SPA, please turn off your cell phone or any other electronic device and keep your voice low, helping to preserve the desired calm environment.

Smoking, food or alcohol are not permitted.

Running, jumping, diving or using floaties in the pool is not permitted. It is mandatory to take a shower before entering the pool.

You should not use personal accessories, such as watches, bracelets, earrings, rings, etc. Existing safety standards must be respected. The equipment must be used according to the instructions.

APPOINTMENTS

Use of the SPA requires prior booking, subject to availability. Guests undergoing massages and/or SPA treatments have 30 minutes free access to the sauna, Turkish bath and swimming pool before or after the massage/treatment, in both cases with prior booking.

Without enjoying any massage and/or treatment, use of the sauna, Turkish bath and swimming pool requires a payment of €12.00/person and prior booking.

Your appointment must be made in advance so that you can benefit from the time you most desire. When booking, you will need to make full payment. Appointments, are always subject to availability, can be made directly at the **SPA Reception**, by email at spa@furadourohotel.com, or by Tel: 256 590 090

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CHANGE OF CONDITIONS

The Hotel/ Furadouro SPA reserves the right to change rules and rates without prior notice, committing to publicize the changes made in the available support media.

GET READY FOR THE SPA

Ladies do not require any special preparation.

We recommend that men shave before a facial massage for maximum comfort and benefits for the skin.

CLOTHING

It is not necessary to wear specific clothing, however in the humid area it is mandatory to wear a bathing suit or bikini for women and swimming shorts for men, swimming pool flip-flops and a swimming cap mandatory for using the pool. If you need a swimming cap, you can purchase it at the SPA reception, at an additional cost.

In the treatment area, the use of a bathrobe and slippers is mandatory. Regarding massage rituals, facial and body treatments, whenever necessary, appropriate disposable clothing will be provided.

Your privacy will always be respected. Your therapist will leave the room so you can sit comfortably in complete privacy. During the treatment you will be covered with towels that protect all parts of the body that are not being treated.

HEALTH AND SPECIAL CARE

Cases of pregnancy, medical restrictions or any abnormal conditions must be communicated when scheduling your treatment. It is the user's responsibility to know their physical condition, in order to verify that there are no contraindications regarding the use of the space.

All information provided by the client regarding their physical condition is entirely confidential and will be treated with the utmost discretion.

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RESPONSIBILITY

Please leave your belongings and personal objects in your room, or in individual lockers, always carrying your key.

The Hotel/Furadouro SPA does not accept responsibility for any damage, theft or loss of personal objects used in the SPA area or stored in lockers.

The Management of the Hotel/Furadouro SPA reserves the right to interrupt and refuse to continue the contracted service, in cases of sexual harassment, verbal or non-verbal, charging in full the value of the service initially contracted. In these situations, the therapist must immediately leave the treatment room and report the situation to superiors.

APPOINTMENTS

You should schedule your treatment well in advance so that you can benefit from the time you most desire. When booking, you will need to make full payment. Appointments, always subject to availability, can be made directly at the **SPA Reception**, by email at spa@furadourohotel.com, or by Tel: **256 590 090**.

ARRIVAL AT THE SPA

We recommend that you arrive at the SPA reception up to 15 minutes before your scheduled treatment time. This time will be used to fill out the customer form, receive information and change clothes if necessary.

DELAYS

If you arrive late, the treatment period will be shortened.

CANCELLATIONS

Out of consideration for other SPA users, and as your treatment requires the facilities to be reserved, we ask that you inform us in advance if you are unable to attend. Our team will be happy to make a new appointment. Up to 48 hours will cost 50%. Less than 48 hours will have the full cost (no shows included).

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SPA SCHEDULE

Daily from 10am to 8pm.

MINIMUM AGE

Children under 16 are not permitted to enter the Furadouro SPA.

SAUNA AND TURKISH BATH

The sauna and Turkish bath must be used in moderation, and bathing suits are mandatory. Use and time may vary depending on each person's goals. We recommend 15 to 20 minutes in the dry sauna. The Turkish bath is ideal for opening skin pores, awakening and cleaning the respiratory system. It is not recommended for anyone with heart or circulation problems and high blood pressure.

SWIMMING- POOL

The pool is heated (maximum legal temperature equal to 30°).

It is a mandatory condition to use the shower before entering the pool as well as suitable flip-flops and a shower cap. The environment in the pool area is hot and very humid, making it contraindicated for those who have problems related to these and other factors.

We inform you that the SPA pool does not have a lifeguard, and the management of Furadouro Boutique Hotel Beach & SPA declines any responsibility for its improper use.

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Boutique Hotel Beach & Spa



Phone: **+351 256 590 090** (Call to the national landline)

Email: spa@furadourohotel.com

